

ESSENDON FOOTBALL CLUB VFL Trainer 6 month casual contract

Essendon Football Club ('the Club') has a reputation as a leader in the Australian sports industry and we are committed to our vision of being recognised as the most respected, inclusive and successful sporting club in the country, consistently setting the benchmark both on and off the field. We currently have an exciting new opportunity for a VFL Trainer to 'Don the Sash' and join the Club's VFL Trainer's Team based at our club headquarters at Melbourne Airport.

The Opportunity

Reporting to the VFL Operations Manager, the VFL Trainer will be responsible for;

- Perform pre training services, including player taping and massage as required.
- Provide massage treatment protocols as directed by the Club Physiotherapists or VFL Head Trainer.
- Prepare ice packs and apply to player injuries as directed
- Perform other trainer duties as required by VFL Head Trainer, including player drink bottle preparation.
- For all EFC matches be available on a rostered basis to provide trainer services, including;
- Provide pre-and post-match massage for players.
- Perform massage treatment protocols as directed by the Club Physiotherapists or VFL Head Trainer.
- Maintain player hydration levels as directed by VFL Head Trainer/VFL Dietician, by provision of drinks on- and off-field.
- Prepare ice packs and apply to player injuries as directed.

What we're looking for

To be considered for the role, candidates <u>must</u> have the following essential skills and experience:

- Current Level 1 Sports Medicine Australia (SMA) Sports Trainer Certificate (Level 2 preferable)
- Current Sports Medicine Australia Sports First Aid (Level 2/Senior First Aid)
- Current CPR Certification (updated yearly)
- Ability to handle on-field mobility demands and maintain a sound level of fitness due to the running involved on match day.
- Minimum two (2) years' experience as a sports trainer
- Experience providing pre event and recovery massage to athletes
- Ability to work within a team environment
- A current Victorian Driver's Licence
- Permanent Residency in Australia, or appropriate visa to work permanently

To Apply

To apply, please email a detailed copy of your CV and a cover letter to <u>recruitment@essendonfc.com.au</u> by the closing date.

Applications close Monday 3rd July, 2017

Please note that this role will be subject to background checks